



NEWPORT (SALOP) RUFC MINI & JUNIOR RUGBY HEALTH & SAFETY POLICY

NEWPORT (SALOP) RUFC – MINI & JUNIOR RUGBY is run by unpaid volunteers and although it has no statutory responsibility as an employer as defined by the Health and Safety at Work Act 1974, it aims to provide a safe environment for all those using the club as the health, well-being and safety of each individual is always our paramount concern.

There are two types of risk when playing rugby union:

- inherent risks which are part and parcel of the game. They are inevitable and acceptable, resulting from a player's decision to participate in a contact sport
- unacceptable risks which are those not inherent to the sport. All those who are involved in rugby union at **NEWPORT (SALOP) RUFC** whether they are players, coaches, referees, parents etc. must be able to recognise and understand their legal responsibilities and young players must also recognise their responsibilities to safeguard the well-being of those with whom they are playing/training

Accepting that not all injuries can be avoided, the aim of **NEWPORT (SALOP) RUFC** is to maintain the highest reduction of injury possible and to eliminate unacceptable risks at the club

HEALTH & SAFETY POLICY:

NEWPORT (SALOP) RUFC is committed to the following duties:

- Undertake regular, recorded risk assessment of the club premises and all activities undertaken by the club
- Create a safe environment by putting health & safety measures in place as identified by the assessment
- Ensure that all members are aware of, understand and follow the club's health & safety policy
- Appoint a competent club member to assist with health and safety responsibilities
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members
- Provide access to adequate first aid facilities, telephone and qualified first aider at all times
- Report any injuries or accidents sustained during any club activity or whilst on the club premises
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

CLUB MEMBERS HAVE A DUTY TO:

- Take reasonable care for your own health & safety and that of others who may be affected by what you do or not do
- Co-operate with the club on health & safety issues
- Correctly use all equipment provided by the club
- Not interfere with or misuse anything provided for your health, safety or welfare.

SPECIFIC HEALTH & SAFETY ISSUES TO BE ADHERED TO:

- Smoking is not permitted in the clubhouse. If smoking outside please dispose of all cigarettes in one of the metal bins provided
- Please return all glasses to the bar
- Only dogs on leads are welcome at the club – outside and in the clubhouse
- Players must ensure that any boots left outside doorways do not obstruct the entrance/exits

CLUB HEALTH & SAFETY OFFICER:

TBA from senior committee

Anyone with concerns regarding Health and Safety on Sunday mornings should contact:

Youth chairman: Chris Goulson

Youth secretary: Geoff Armstrong

Safeguarding Officer: Nicola Withers

FIRST AID:

Location of first aid facilities & incident/accident folder – clubhouse bar

Location of telephone – clubhouse bar

MINI/JUNIOR SUNDAY RUGBY - QUALIFIED CLUB FIRST AIDERS:

tba